

## CURRICULUM VITAE

### J. SOPHIA NAM

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#### EDUCATION

- 2016 *Post-doctoral Fellowship, Tufts University, Medford, MA*
- 2015 *Clinical Fellowship, Cambridge Health Alliance/Harvard Medical School, Cambridge, MA*
- 2015 *Ph.D. Counseling Psychology, Boston College, Chestnut Hill, MA*  
*Dissertation title: Optimism Matters: Examining the Role of Optimism, Social Engagement, and International Mobility in Migrant Well-being*
- 2008 *Ed.M. Prevention Science and Practice (LMHC Track), Harvard University, Cambridge, MA*
- 2006 *B.A. Psychology, cum laude, Wellesley College, Wellesley, MA*  
*Additional coursework: Language and Thought; Diseases of the Nervous System; Independent Study at Massachusetts Institute of Technology, Department of Brain and Cognitive Sciences, Cambridge, MA; Psychology of Perception and Sensation; Social Psychology; Intro to Social Work; Korean Traditional Music at Seoul National University, Seoul, South Korea*

#### PROFESSIONAL LICENSURE

Certified psychologist – Ministry of Health, Czech Republic – *active*  
Licensed clinical psychologist (#1583) – Ministry of Health and Wellness, Republic of Korea – *active*  
Licensed professional counselor (#756) – Korean Counseling Association, Republic of Korea – *dormant*  
Licensed psychologist (#IN 20043070A) – State of Indiana, United States of America – *dormant*  
Criminal psychologist (#19-00-008) – Korean Psychological Association, Republic of Korea – *dormant*

#### PROFESSIONAL HISTORY

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| <b>The Wellspring</b><br>Psychological Services (Private Practice)<br>Prague, Czech Republic   | Position: Head Psychologist<br>Dates: 2/23/2021 – Present  |
| <b>Unicare Medical Center</b><br>Department of Psychosomatic Medicine<br>Prague, Czech Republic  | Position: Senior Psychologist<br>Dates: 2/23/2021 – 8/31/2022  |
| <b>CHA University</b><br>Department of Counseling Psychology<br>& Graduate School of Clinical and<br>Counseling Psychology<br>Pocheon, Republic of Korea | Positions: Assistant Professor<br>Director, CHA Center for Gender Equality<br>Director, CHA Center for University-Community<br>Partnerships and Service<br>Dates: 9/1/2018 – 2/29/2020 |
| <b>Handong Global University</b><br>Department of Counseling Psychology<br>and Social Welfare<br>Pohang, Republic of Korea                               | Position: Assistant Professor<br>Dates: 9/1/2016 – 8/31/2018   |
| <b>Boston College</b><br>Lynch School of Education<br>Department of Counseling,<br>Developmental, and Educational<br>Psychology, Chestnut Hill, MA       | Position: Adjunct Professor<br>Dates: 1/2016 – 5/2016<br>9/2011 – 5/2013   |

## INTERESTS

Neuropsychology; Intellectual and Projective Assessment  
Multicultural Competence; Social Justice Perspectives in Teaching, Training, and Practice  
Forensic Psychology; Health and Community Psychology; Psychology of Working  
Relational and Virtue Ethics  
Professional and Relational Mentoring  
Mixed-Method Research Methods

## GRANTS AND AWARDS

CHA University Faculty Appreciation Award, 2020.  
Handong Global University Distinguished Faculty Service Award, 2017.  
Korean Ministry of Justice Research Grant, Counseling Manual for Domestic Violence Offenders (\$20,000), 2017.  
Korean Council for University Education Media Curriculum Development Grant (\$1,500), 2017.  
Handong Global University Faculty Research Grant, Validation of Korean Decent Work Scale (\$3,000), 2017.  
Division 39 Scholar Grant, APA Division 39 Multicultural Concerns Committee (\$634), 2015.  
Cambridge Health Alliance CEO Clinical Learning Environment Innovation Award (\$3,000), 2014.  
Families in Global Transition, David C. Pollock Scholarship (\$750), 2011.  
APA Science Directorate Student Travel Award (\$300), 2010.  
Boston College Graduate School of Arts and Sciences Conference Grant (\$250), 2010, 2011, 2012.  
University Award for Commitment to Change on behalf of generationpulse.org, Boston College, 2010.  
Jean Baker Miller Training Institute, Irene Stiver Scholarship (\$425), 2009.  
Boston College Lynch School of Education Travel Grant (\$400), 2009, 2011, 2012.  
Howard Hughes Medical Institute Student Research Grant (\$3,000), 2004.  
Wellesley College Service Opportunity Stipend Award (\$3,000), 2003.  
Wellesley College First-Year Academic Distinction, 2002.

## CLINICAL EXPERIENCE

- 3/2021 – Present     ***Head Psychologist, The Wellspring (Private Practice), Prague, Czech Republic***
- Provide culturally competent neuropsychological assessment, integrative individual and group psychotherapy to diverse English or Korean-speaking adolescents and adults; manage complex cases with collaborating clinical team; conduct mental health workshops; provide supervision to trainees.
- 9/2020 – Present     ***Clinical Psychologist, Fawzia Sultan Healthcare Network, Salmiya, Kuwait***
- Provide online psychotherapy to adolescents and adults; manage complex cases with collaborating clinical team; conduct online mental health workshops; provide supervision to trainees.
- 3/2021 – 8/2022     ***Senior Psychologist, Unicare Medical Center, Prague, Czech Republic***
- Developed and co-led new interdisciplinary department for psychosomatic medicine; trained and supervised interns, complex care manager, and administrative staff; provided individual and family psychotherapy to English and Korean-speaking children, adolescents and adults; provided staff, parent, student community consultation to K-12 international school; conducted neuropsychological assessments.
- 9/2018 – 2/2021     ***Psychologist, Nam & Nam Counseling and Testing Center, Seoul, Republic of Korea***
- Provided psychotherapy to displaced persons, consulted on crisis management and complex cases in partnership with the National Center for the Rights of the Child, GOAL, and 325KAMRA, Inc.; supervised forensic evaluations of adolescent offenders through Korean

National Police Agency youth diversion program; translated and disseminated psychotherapy literature.

9/2016 – 8/2018 **Consulting Psychologist, Counseling Center, Handong Global University, Pohang, Republic of Korea**

- Provided crisis intervention, consult on difficult cases, conduct brief and intensive individual psychotherapy to undergraduate students.

11/2015 – 8/2016 **Post-doctoral Fellow, Tufts University, Counseling and Mental Health Service, Medford, MA**

- Hours: 40 hours/week
- Supervisors: Julie Jampel, Ph.D., Linda Escoll, Psy.D.
- Provided on-call and triage crisis intervention; conducted brief individual and group psychotherapy to undergraduate and graduate students (caseload 40+); completed intakes, progress notes, and treatment plans; coordinated care with and provided consultation to area hospital, campus police, health center staff, and university administrators; conducted monthly outreach and programming to international students; attended weekly Professional Issues seminar, individual and group supervision.

6/2014 – 6/2015 **Clinical Fellow in Psychology (APA-accredited Pre-doctoral Clinical Internship), Cambridge Health Alliance/Harvard Medical School, Department of Psychiatry, Cambridge, MA**

- Hours: 50 hours/week
- Supervisors: Kim Nghiem, Ph.D., Marla Eby, Ph.D., Diya Kallivayalil, Ph.D., Libby Shapiro, Ph.D., Jennifer Bortle, Ph.D.
- Provided psychological assessment, individual and group psychotherapy, and case management for adults in outpatient, emergency, and inpatient settings, in context of didactic seminars, supervision, and collaboration with several multidisciplinary clinical teams. Rotations included: Asian Mental Health Program, Victims of Violence Program, Psychiatry Transition Clinic, and Psychiatry Emergency Service. Participated in special interest seminars, such as Global Mental Health Seminar, and conducted asylum evaluations.

8/2013 – 6/2014 **Clinical Graduate Intern, Mount Ida College Counseling Center, Newton, MA**

- Hours: 16 hours/week
- Supervisors: Renée Thibodeau, M.S., LMHC & Elizabeth Sparks, Ph.D.
- Provided crisis intervention and individual weekly psychotherapy to 8-10 clients (undergraduate students); completed intakes, progress notes, and treatment plans; coordinated care with area hospital, campus police, health center staff, and university administrators; provided monthly outreach to residence halls, student groups, campus life; attended weekly Self Psychology and Psychopharmacology seminar and supervision; received weekly external supervision from licensed psychologist.

9/2012 – 6/2013 **Neuropsychology Trainee, Boston Medical Center/Boston University Medical School, Neurology Department, Boston, MA**

- Hours: 16 hours/week
- Supervisor: Maxine Krengel, Ph.D.
- Conducted structured intakes, neuropsychological assessments, and psychological testing for adolescent, adult, geriatric patients; provided feedback to patients and guardians; conducted psychotherapy with 1 adolescent client; participated in weekly neuropsychology seminars and supervision.
- Tests administered: BCSE, MSE, RBANS, MOCA, WASI, WAIS-IV, WRAT-4, TONI-4, CVLT-II, COWA, BNT, CIM, Cookie Theft, WMS-IV; D-KEFS, Rey-O, Trails A&B, WCST; TOMM, Rey-

16; Grooved Pegboard, Finger Tapping Test; BDI-II, BAI, GDS, CAARS S:L, PTSD Checklist; Rorschach, TAT, Sentence Completion.

- 9/2010 – 7/2011 ***Psychology Extern, Massachusetts Mental Health Center/Harvard Medical School & Massachusetts Department of Mental Health, Boston, MA***
- Hours: 24 hours/week
  - Supervisors: Rudolph Blier, Ph.D., LICSW, Federica Latta, Ph.D. & June Wolf, Ph.D.
  - Provided intensive CBT and DBT group and individual psychotherapy to low-income, chronically mentally ill, forensic adult populations presenting with Axis I, II, and III diagnoses; formulated treatment plans and group therapy curricula; collaborated with psychiatrists, neuropsychologists, social workers, nurses, residential staff, and external therapists; provided advocacy and case management; participated in morning rounds, DBT/CBT seminars, and didactics.
- 9/2009 – 6/2010 ***Graduate Clinical Intern, Child & Family Counseling Center, The Home for Little Wanderers, Roslindale, MA***
- Hours: 24 hours/week
  - Supervisors: Joshua Martin, Ph.D. & Judy Solman, Psy.D.
  - Provided individual, group, and family psychotherapy to low-income children and adolescents (ages 8-18), adults and families in both community mental health center and elementary school settings; provided consultation and case management; completed psychological testing batteries to children, adolescents, and adults; provided feedback.
  - Tests administered: WISC-IV, WAIS-IV, WIAT-III, WRAML-2, Rey-O, FAS, BNT, Trails A&B; CBRS, CDRS, BDI, GADS; Rorschach, TAT, CAT, Sentence Completion, Kinetic Family Drawing.
- 10/2008 - 5/2009 ***Directing Counselor, Boston Trinity Academy, Project Parachute Landing, Hyde Park, MA.***
- Hours: 6-10 hours/week
  - Supervisors: Lisa Goodman, Ph.D. & Belle Liang, Ph.D.
  - Spearheaded community project for English Language Learner students in urban high school; facilitated support groups, conducted psychoeducation seminars to 10-18 adolescents; provided consultation and advocacy for school and families; delivered training seminar for faculty and staff in minority student issues.
- 9/2007 – 5/2015 ***Co-Director of Counseling, Mustard Seed Generation, Inc., Cambridge, MA***
- Intern: 9/2007 - 7/2008      Staff: 8/2008 – 5/2015
  - Hours: 5-15 hours/week
  - Supervisor: Josephine Kim, Ph.D., LMHC, NCC
  - Provide outreach programming to Asian-American college students and families; coordinate and lead intensive group therapy at 3-day conferences; provide culturally-informed seminars on coping skills, interpersonal skills, parenting, trauma recovery, and career development; train and mentor graduate students, speakers, and group facilitators.
- 9/2007 – 6/2008 ***Adjustment Counseling Intern, Notre Dame High School – Lawrence, Lawrence, MA***
- Hours: 24 hours/week
  - Supervisor: Chuck Zucco, MSW, LICSW
  - Provided individual, dyadic, and family psychotherapy to urban high school students; co-led group therapy for adolescent girls; provided advocacy and case management; provided consultation with faculty, administrators, and families.

- 5/2005 – 8/2005 ***Applied Behavioral Analysis Therapy Assistant & Research Assistant, Advances Learning Center, Newtonville, MA***
- Hours: 40 hours/week
  - Supervisors: Katherine Johnson, M.A., BCBA; Libby Adams, BCABA
  - Supported ABA specialists in teaching functional social skills to children with pervasive developmental disabilities; assisted in therapeutic activities, reinforcing positive behavior; conducted literature review, collected data for behavioral analysis and progress reporting.

- 5/2003 – 8/2003 ***Intern-in-Residence, Angels' Haven Social Welfare Society, Seoul, South Korea***
- Hours: 55 hours/week
  - Supervisor: Kyung-Jah Lee, M.S.W.
  - Implemented educational, therapeutic, and recreational day programs for adolescents and adults with developmental disabilities; supervised developmentally disabled adolescent and young adult clients with daily living skills in residential settings; provided psychosocial support to orphaned adolescents in residential facilities.

## ADMINISTRATION EXPERIENCE

- 5/2019 – 2/2020 ***Director, Center for Gender Equality, CHA University, Pocheon, Republic of Korea***  
***Director, Center for University-Community Partnerships and Service***
- Revamped two fledgling centers to align the University with the Ministry of Education's changing priorities. Drafted new operational philosophy and goals, operating budgets, staff organization and hires, and workflow. Met weekly with University' steering committee to advocate for center goals, reflect the centers' expanded functions in University policies, and to mobilize resources for on-campus and off-campus projects. Oversaw design and dissemination of new promotional materials. Spearheaded new partnerships with relevant community organizations. Successfully led multiple community service and educational projects.
- 2/2017 – 8/2018 ***Team Professor, Carmichael College, Handong Global University, Pohang, Republic of Korea***
- Oversaw and facilitated community formation and leadership development for up to 31 students coming from linguistically and culturally diverse backgrounds. Lead weekly group sessions and mentor students for adjustment to college life and beyond.
- 9/2016 – 8/2018 ***Advisor, Global Convergence Studies Program, Department of Creative Convergence Education, Handong Global University, Pohang, Republic of Korea***
- Supervised and mentored students on creating and completing self-designed majors; provide holistic career counseling and advocacy.
- 7/2015 – 8/2015 ***Graduate Assistant, Office of Associate Deans, Woods College of Advancing Studies at Boston College, Chestnut Hill, MA***
- Surveyed various undergraduate and graduate certificate programs for benchmarking (e.g. criminal and social justice, communications) and revamped old programs of study; researched and updated institutional policy on CLEP tests; catalogued and consolidated student records.
- 5/2013 – 06/2015 ***Disabilities Services Coordinator, Connors Family Learning Center, Boston College, Chestnut Hill, MA***
- Communicated with professors, students, and agencies to coordinate services for students with documented learning and physical disabilities; secured audiobooks, hired student note takers, responded to student needs and inquiries; designed and implemented new online system for note sharing; provided occasional tutoring for undergraduate statistics.

- 7/2013- 8/2013      **Graduate Assistant, Office of Residential Life, Off-campus Housing Division, Boston College, Chestnut Hill, MA**
- Assisted international students in settlement, providing education on U.S. culture, communication styles, local housing regulations individually and in groups; interviewed landlords and maintained active database of available housing in the area; assisted students in acquiring off-campus housing, acting as liaison between students, landlords, and realtors.

## TEACHING EXPERIENCE

### **Cha University (9/2018 – 2/2020)**

Introduction to Psychology  
Developmental Psychology  
Personality Psychology  
Social Psychology  
Forensic Psychology & Criminal Behavior  
Career and Vocational Counseling  
Community Service I, II\*  
Counseling Psychology Vision Seminar\*  
Seminar: Happiness\*  
Theories of Psychotherapy (Graduate)

### **Handong Global University (9/2016 – 8/2018)**

Introduction to Psychology  
Developmental Psychology  
Personality Psychology  
Abnormal Psychology  
Social Psychology  
Applied Forensic Psychology  
Neuropsychology (Graduate)  
Advanced Field Practicum (Graduate)

### **Boston College Lynch School of Education (1/2016 – 5/2016; 9/2011 – 5/2013)**

Applied Adolescent Psychology (Undergraduate & Graduate)  
Psychology of Drug and Alcohol Abuse (Graduate)  
Personality Theories: Behavior in Context  
Principles and Techniques of Counseling (Graduate)  
Adolescent Psychology

## PUBLICATIONS

### **Journals**

- Kim, S. I., & **Nam, J. S.** (*under review*). Leadership flexibility inhibiting schemas: Perspectives of Korean corporate team leaders. *International Journal of Human Resource Management*.
- Nam, J. K., **Nam, J. S.** & Kim, D. I. (2020). Multicultural competence for counseling international students in Korea: A focus on university counseling centers. *Korean Journal of Counseling Psychology*, 32.
- Nam, J. S.**, & Kim, S. Y. (2019). Decent work in South Korea: Context, conceptualization, and assessment. *Journal of Vocational Behavior*, 12, 103309. doi: 10.1016/j.jvb.2019.05.006

- Nam, J. K., **Nam, J. S.** & Kim, D. I. (2018). Cultural homelessness of Cross-Cultural Individuals (CCIs) and psychological well-being: Moderating effect of emotional clarity. *Journal of Educational Psychology, 32*, 571-596. doi: 10.17286/KJEP.2018.32.3.11
- Nam, J. S.**, Choi, H. & Lee, J. H. (2018). A study of blended learning for effective English-mediated teaching at a global university in Korea. *Journal of Learner-Centered Curriculum and Instruction, 18*, 731-754. doi: 10.22251/jlcci.2018.18.16.731
- Choi, H., **Nam, J.S.** & Kim, W. (2017). Roommate assignment for effective character education within a Residential College system. *Journal of the Korea Convergence Society, 8*, 1-12. doi: 10.15207/JKCS.2017.8.9.000
- Poteat, V. P., Mereish, E., Liu, M., & **Nam, J. S.** (2011). Can friendships be bipartisan? The effects of political ideology on peer relationships. *Group Processes and Intergroup Relations, 14*, 819-834. doi: 10.1177/1368430211401048

## Books

- 남지혜, 남지은. (2020). *살아있는 DBT: 변증법적 행동치료의 원리와 실제(DBT Principles in Action: Acceptance, Change, and Dialectics)*. Seoul, South Korea: Sigma Press.
- 박정민, 김태선, 신주연 & 남지혜. (2018). *일의 심리학 옥스퍼드 핸드북(The Oxford Handbook of the Psychology of Working)*. Seoul, South Korea: Parkyoungsa.
- 남지혜, 남지은. (2017). *가정폭력 보호관찰관을 위한 개인상담 매뉴얼(Individual Counseling Manual for Domestic Violence Probation Officers)*. Seoul, South Korea: Korea Ministry of Justice.
- 신성만, 조성민, 남지혜, 이하림, 박준영. (2017). *동기강화상담의 핵심: 일반 임상적 난제의 해결방안과 전략(Fundamentals of Motivational Interviewing: Tips and Strategies for Addressing Common Clinical Challenges)*. Seoul, South Korea: Sigma Press.
- 신성만, 남지혜, 신경미. (2017). *심리치료와 상담의 핵심접근(Core Approaches in Counselling and Psychotherapy)*. Seoul, South Korea: Parkyoung Story.

## INVITED PRESENTATIONS

- Nam, J.S.** (2023, October 28). *Understanding and loving our trauma, our bodies*. Koreanische Adoptierte Deutschland (KAD) e.V., Bonn, Germany. Sponsored by the Embassy of Korea in Germany.
- Nam, J.S.** & Miklasova, A. (2022, February 3 – March 31). *Anxiety and stress management*. Park Lane International School, Prague, Czech Republic. Sponsored by the Park Lane Student Well-being Department.
- Nam, J.S.** (2021, October 16). *Adult adoptee relationships and communication: An attachment perspective*. Koreanische Adoptierte Deutschland (KAD) e.V., Bonn, Germany. Sponsored by the Embassy of Korea in Germany.
- Nam, J.S.** (2021, June 24). *Trauma-informed practices in Law*. GongGam Transnational Human Rights Institute, Seoul, South Korea.
- Ablang, C.P. & **Nam, J.S.** (2019, March 16). *Importance of self-care for teachers and staff*. Al-Bayan Bilingual School Professional Development Series, Kuwait City, Kuwait. Sponsored by Fawzia Sultan Healthcare Network.
- Nam, J.S.** (2020, October 12 - November 26). *Cultivating resilience during the COVID19 pandemic*. Weekly Online Mental Health Support Group and Workshop Series for Expatriates in Czechia. Sponsored by Prague Integration.
- Nam, J.S.** (2019, October 17). *Integrating Google Classroom and new technologies for college teaching*. Cha University Center for Learning and Teaching, Pocheon, South Korea.
- Nam, J.S.** (2019, May 24). *Pedagogical methods for a successful English-mediated course*. Seoul National University Center for Learning and Teaching, Seoul, South Korea.
- Nam, J.S.** (2019, May 17). *Using Google Classroom for university teaching*. Cha University Medical School, Pangyo, Sunghnam-si, South Korea.

- Nam, J.S.** (2019, November 8, December 7). *Understanding the psychosocial needs of deported adoptees: A developmental trauma perspective*. Adoption Services Staff Development Workshop, Seoul, South Korea. Sponsored by National Center for the Rights of the Child.
- Nam, J.S.** (2019, January 22 - February 26). *Stress and time management; Writing process; Academic writing: The proposal and literature review; Managing your advisor*. Weekly Workshop Series for the Thesis/Dissertation Journey, Seoul, South Korea. Sponsored by Seoul National University Counseling Center.
- Nam, J.S.** (2018, October 25). *Facilitating successful discussions in an English-mediated classroom*. Sogang University Center for Learning and Teaching, Seoul, South Korea.
- Nam, J.S.** (2018, May 23). *Harnessing your strengths during transitions*. Choong-ang University Counseling Center.
- Nam, J.S.** (2017, December 4). *Psychological difficulties and coping strategies for international students*. Hanyang University Special Lecture on Psychology series, Seoul, South Korea. Sponsored by Hanyang University Counseling Center.
- Nam, J.S.** & MacLeod, R. (2017, November 8). *Managing interactions with students experiencing stress*. Carmichael College Professional Development Training, Pohang, South Korea. Sponsored by Handong Global University.
- Nam, J.S.** (2017, October 18). *How to battle fear, doubt, and discouragement: A psychological perspective*. Carmichael College, Pohang, South Korea. Sponsored by Handong Global University.
- Kim, C., **Nam, J.S.**, Lee, H., Sohn, H, Cho, H. (2017, May 26). *Prostitution in Korea: Why did we stop caring? Interdisciplinary perspectives on sex-trafficking in Korea*. Panel presentation at by Handong Global University, Pohang, South Korea. Sponsored by Handong Student Council and others.
- Nam, J.S.** (2017, May 12). *Applying counseling theory and practice to peer mentoring*. Panel presentation at Besor Stream Center's Peer Mentoring Program for Mentally Disabled, Pohang, South Korea. Sponsored by the Handong Continuing Education Institute.
- Nam, J.S.** (2017, March 23). *Constructing healthy relationships and community; Preventing sexual violence*. Invited presentation at Handong Global University, Pohang, South Korea. Sponsored by the HGU-KOICA Graduate Program.
- Nam, J.S.** (2016, October 28, November 3, November 11). *Responding to students in crisis: A focus on sexuality issues*. Invited presentation at Residential Staff Workshop for Crisis Intervention, Handong Global University Counseling Center, Pohang, South Korea. Sponsored by the Korean Council for University Education.
- Nam, J.S.** (2016, October 19). *Sexual violence prevention*. Invited presentation at Handong Global University, Pohang, South Korea. Sponsored by the HGU-KOICA Graduate Program.
- Sehgal, P. & **Nam, J.S.** (2014, August 27). *Asian-American Mental Health*. Invited presentation at Multicultural Diversity Core Seminar. Sponsored by Cambridge Health Alliance, Department of Psychiatry.
- Nam, J.S.** (2012, August 6). *A journey through the field of counseling psychology*. Invited presentation at BK21 Academic Leadership Institute for Competence-based Education, Seoul National University, Seoul, South Korea. Sponsored by the Guri City Council Fund.
- Nam, J. S.** (2012, June 8). *Cultivating the essential aspects of mentoring*. Invited presentation at the Elijah Mays Mentoring Institute. Sponsored by the Office of AHANA Student Programs, Boston College, Chestnut Hill, MA.
- Nam, J. S.** (2012, May 5). *"Dad, I want to understand you more": Race, culture, and gender influences on the Korean-American parent-child relationships*. Keynote presentation at the Holy Name Medical Center. Sponsored by the Korean Medical Program and Bergen County Korean-American Parents Association.
- Nam, J. S.** (2011, September 25). *Career and Values Genoaeygram: Discovering career goals, barriers, and paths through self-exploration*. Workshop presented at Bright Future, Inc., Newton, MA.
- Nam, J. S.** (2010, August 11). *Counseling 101: A crash course on counseling skills for youth workers*. Workshop presented at the Mustard Seed Generation Leadership Conference, Gaithersburg, VA.
- Nam, J. S.** (2009, May 22-24). *Rearing God's children: What's trauma got to do with it?* Symposium presented at the Cornerstone Fellowship's Extreme Makeover: Family Edition Conference, Englewood, NJ.
- Nam, J. S.** (2008, December 18-20). *Healing from within: Ways of growing from trauma*. Symposium presented at the BRIDGE4Youth Leadership Conference, Cream Ridge, NJ.

- Nam, J.S.** (2008, February 23). *On our own and invisible: Addressing the pressing issues of parachute kids*. Invited presentation to the faculty of Boston Trinity Academy, Hyde Park, MA.
- Nam, J. S.** (2008, July 14-16). *When your world turns up-side down: Ways of growing from trauma*. Workshop presented at the Mustard Seed Generation Youth Conference: Seoul Edition, Seoul, South Korea.
- Nam, J. S. & Chun, K.** (2008, March 16). *Perfectionism: Myths and realities*. Workshop presented at the Asian Sisters Participating in Reaching Excellence (ASPIRE) Youth Leadership Program Training, Cambridge, MA.
- Nam, J. S.** (2007, December 20-22). *Developing your Toolbox: Assessing and Enhancing your Coping Strategies for Life's Demands*. Workshop presented at the 1st annual Mustard Seed Generation Leadership Conference, Falling Waters, WV.

## POSTERS AND CONFERENCE PRESENTATIONS

- Nam, J.S. & Nam, J.K.** (2017, August 10). Culturally sensitive counseling: A focus on college counseling (문화적으로 민감하게 상담하기: 대학상담센터 상담자를 중심으로). Symposium presented at the Annual Conference, Korean Counseling Association, Seoul, South Korea.
- Kim, J.Y., Won, J.E., Lim, H.H., Han, D.H. & **Nam, J.S.** (2017, August 4). Celebrating Undergraduate Research: Findings from South Korea. Symposium presented at the Division 52 Student Poster Session, American Psychological Association Convention, Washington, D.C.
- Nam, J.S.** (2017, August 18). Understanding and counseling Third Culture Kids (제 3문화 아이들에 대한 이해 및 상담 개입 방안). Symposium presented at the Annual Conference, Korean Counseling Psychology Association, Seoul, South Korea.
- Nam, J. S.,** Frederick, A. F., Unzueta, E., Lee, A. Y., & Liang, B. (2012, August). *It takes two: A qualitative examination of exemplary mentoring relationships*. Poster presented at the Division 17 Student Poster Session, American Psychological Association Convention, Orlando, Florida.
- Nam, J. S.,** Dhokai, G., Spencer, R., Liang, B. & Greenberg, E. (2012, March). *Performing well, feeling bad: A qualitative examination of high-performing adolescent girls' experiences of stress and coping*. Poster presented at the bi-annual Society for Research on Adolescence, Vancouver, BC, Canada.
- Nam, J. S.,** Duffy, N. M., Singer, R., Reid, A., Lee, H., & Liang, B. (2010, August). *Postcards for peace: Preliminary Evaluation of an online youth organizing program*. Poster presented at the annual American Psychological Association Convention, San Diego, California.
- Nam, J. S.** (2010, February). *Promoting social change and empowerment through an online social justice youth organizing community*. Symposium presented at the Columbia University Teachers College Winter Roundtable, New York, NY.
- Nam, J. S., & Cederberg, C.** (2009, October). *GenerationPulse and Postcards to Africa: Fostering the social change agent within diverse youth populations through online creative inter-communication*. Symposium presented at the Midwest ECO Conference, Chicago, IL.
- Poteat, V. P., Mereish, E., **Nam, J. S.,** & Liu, M. (2009, August). *Influences of shared ideology and personality on friend selection*. Poster presented at the annual American Psychological Association Convention, Toronto, Canada.
- Nam, J. S.** (August, 2004). *Acid stress in cyanobacterium Synechocystis sp. strain PCC 6803*. Poster presented at the Wellesley College Summer Research Symposium. Wellesley, MA.

## RESEARCH AND EVALUATION EXPERIENCE

- 9/2016 – 6/2018 **Primary Investigator, Handong Global University, Pohang, South Korea.**
- Projects: Decent work scale validation
- 11/2011 – 12/2015 **Research Assistant, Sloan Center for Aging & Work at Boston College, Chestnut Hill, MA.**
- Hours: 10 hours/week
  - Supervisors: Marcie Pitt-Catsoupes, Ph.D. & Tay McNamara, Ph.D.
  - Manage, archive, and curate large quantitative data sets; conduct cross-national analyses of various work-related experiences; investigate effects of multiple international transitions on work satisfaction, mental health, and life outcomes; co-author monthly research briefs on issues pertaining to globalization and demographic shifts in talent management.
- 9/2008 – 7/2012 **Research Coordinator, Boston College, Department of Educational, Developmental, and Counseling Psychology, Chestnut Hill, MA**
- Hours: 10-15 hours/week
  - Supervisor: Belle Liang, Ph.D.
  - Coordinated and led research lab of 21 research assistants; oversaw analysis of qualitative data in longitudinal mixed-methods study of high-performing adolescent females; conducted interviews with adolescents, teachers, and parents; spearheaded qualitative study examining relational health of exemplary mentoring pairs; coordinated international data collection to develop culturally sensitive psychosocial assessment measure for Ugandan children of war; developed social networking website ([www.generationpulse.org](http://www.generationpulse.org)) and new-media content for global intervention in engaging youth in social justice issues.
  - Co-wrote peer reviews on numerous submitted manuscripts to refereed journals, including *Journal of Counseling Psychology* and *Social Service Review*.
- 4/2010 – 12/2012 **Consensual Qualitative Research Auditor, Boston College, Department of Educational, Developmental, and Counseling Psychology, Chestnut Hill, MA**
- Hours: 5 hours/week
  - Supervisor: Anderson J. Franklin, Ph.D.
  - Reviewed videotaped therapeutic support groups for African American men; conducted in-depth grounded theory analysis, developed domains and core ideas around experiences of discrimination and invisibility; met with principal investigator to assess quality of primary coding; met with primary coders to provide feedback with multicultural and theoretical insights.
- 9/2008 – 10/2009 **Graduate Research Assistant, Boston College, Department of Educational, Developmental, and Counseling Psychology, Chestnut Hill, MA**
- Hours: 10 hours/week
  - Supervisor: V. Paul Poteat, Ph.D.
  - Attended weekly team meetings, assisted in designing quantitative study on self-selecting mechanism of peers groups related to political ideology, attitudes, and personality; recruited participants and collected data using both online and offline venues; co-authored manuscript, prepared and presented co-authored poster and paper at national conference.
- 2/2007 – 8/2007 **Research Administrative Assistant, Children's Hospital/ Harvard Medical School, Genetics Department, Boston, MA**
- Hours: 25 hours/week
  - Supervisor: Alan Beggs, Ph.D.

- Coordinated studies on nemaline myopathies; requested medical records, biopsy materials, drafted letters, maintained patient records; designed, maintained, and launched new research lab website.

9/2006 – 1/2007 **Research Assistant, McLean Hospital/Harvard Medical School, Department of Geriatric Psychiatry, Belmont, MA**

- Hours: 15 hours/week
- Supervisor: David Harper, Ph.D.
- Helped coordinate various studies on Alzheimer’s Disease, related cognitive and affective conditions in the elderly; provided support in writing grant proposals.

9/2005 – 6/2006 **Research Assistant, Wellesley College, Psychology Department, Wellesley, MA**

- Hours: 10 hours/week
- Supervisor: Julie Norem, Ph.D.
- Recruited subjects and conducted follow-up; managed literature database; performed data entry and literature searches; coded qualitative data on coping strategies; translated personality assessment and cognitive strategy questionnaires for cross-cultural study.

1/2005 – 6/2005 **Research Assistant, Massachusetts Institute of Technology, Department of Brain and Cognitive Sciences, Cambridge, MA**

- Hours: 20 hours/week
- Supervisor: Alexandra Perovic, Ph.D. & Kenneth Wexler, Ph.D.
- Collected and analyzed data on language acquisition in children with Williams syndrome and autism; administered and scored standardized tests; conducted literature search, data entry and archiving; presented original findings on unpublished manuscript.
- Tests administered: Peabody Picture Vocabulary Test (PPVT-III), Kaufman Brief Intelligence Test (KBIT-2), Test for Reception of Grammar (TROG-2), researcher-created language tests.

## ACADEMIC AND PROFESSIONAL SERVICE

2009 –2015 **Newsletter Editor & Membership Coordinator, Families in Global Transition Research Network, Boston, MA**

- Review new member applications and orient new members to transnationalism research network; edit and disseminate quarterly research newsletters; attend steering committee meetings.

2008 - 2013 **Diversity Committee, Boston College, Department of Counseling Psychology, Chestnut Hill, MA**

- Participated in bi-weekly meetings and various departmental initiatives to have social justice mission reflected in curricula, student services, and student life; led subcommittee in establishing relationships with Disability Services and Learning Resource Center; conducted individual interviews and group discussions to assess needs and resources for disabled students.

2010 **Cultural Consultant & Translator, DongHee CZECH, s.r.o., Ostrava, Czech Republic**

- Provided consultation to Korean executives and employees on creating a multicultural work environment in the Czech Republic branch; translated various manuals and documentation on quality system management system, from Czech-English-Korean and Korean-English.

2008 – 2009 **Translator, Watertown Public Schools, Student Services Program Office, Watertown, MA**

- Provided direct translation in IEP meetings for Korean families, acting as liaison between the families and the school on as needed basis.

- 2005 – 2006      ***Mentor, First-Year Mentor Program, Office of the Dean of First-Year Students, Wellesley College, Wellesley, MA***
- Mentored 16 first-year students through college orientation and transition; provided individual support and advocacy for socio-emotional adjustment and academic planning; facilitated weekly conversations on issues related to college life; coordinated various group activities to cultivate relationships.
- 2003 – 2006      ***Director of Outreach, Hepatitis B Initiative, Harvard School of Public Health, Boston, MA***
- 2005 – 2006: *Director of Outreach (Korean Sector)*
  - Served on the executive board of award winning student-run public health organization; coordinated successful outreach events in Greater Boston (reaching over 300) to raise awareness of hepatitis and resources available, to de-stigmatize illness and utilization of public services.
  - 2004 – 2005: *Secretary*
  - Instituted new system for documenting, centralizing, and disseminating information throughout multi-site organization; served as liaison between staff, volunteers, steering committee, medical advisors, external collaborators and supporters.
  - 2003 – 2004: *Clinical Staff*
  - Assisted in coordinating operations of free hepatitis vaccination clinics, supported patient care through translation, education, and referrals to other services.
- 2003                ***Intern-in-Residence, Angels' Haven Social Welfare Society, Seoul, South Korea***
- Prepared and taught weekly English classes to 40 pre-school children; coordinated and facilitated family reunions for adoptees and their biological families; assisted in development, translation, and dissemination of monthly newsletter and print materials.

## PROFESSIONAL AFFILIATIONS

- Korean Counseling Psychological Association, 2017 – Present
- Korean Counseling Association, 2016 - Present
- Society of Counseling Psychology, Division 17 of American Psychological Association, 2010 - Present
- American Psychological Association, 2008 - Present
- Families in Global Transition Research Network, 2011 - Present
- Psi Chi, National Honor Society in Psychology 2006 - Present
- Asian American Psychological Association, 2010 - 2016
- Society for Research on Adolescence, 2011 - 2016
- Massachusetts Psychological Association, 2010 - 2016

## SKILLS & BACKGROUND

- *Computer proficiency:* Five years of part-time work experience in IT consulting in higher education institutions. Proficient in Microsoft Office Suite (Word, Excel, PowerPoint, Outlook, Publisher); FileMaker Pro; Adobe Suite (Photoshop, Acrobat Pro); Statistical packages (SPSS, SAS, Stata); Web-based surveys (HTML, Qualtrics, Survey Monkey, Google Forms); Citation management platforms (EndNote, Refworks, Mendeley, Zotero). Proficient in both PCs and Macs.
- *Languages:* Fluent in both oral and written Korean & English; Conversant in Czech & Spanish; Working knowledge of French, German, and Latin.

## REFERENCES

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